

Comprehensive Screening Assessment Bundle

E-Therapy has created a data-driven, evidenced-based screening assessment model to support students' Immediate Mental Health Needs

Step 1:

School identifies student(s) in need

Step 2:

Student(s) referred to E-Therapy using easy-to-use referral platform (STAR)

Step 3:

Student(s) meets with E-Therapist to complete evidenced-based intake

Step 4:

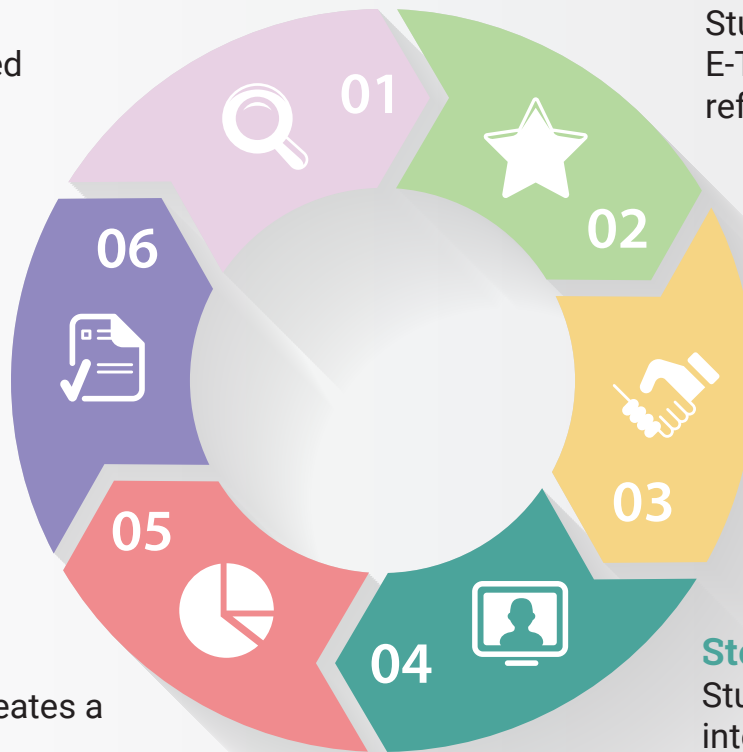
Student(s) receives intervention session(s) with an emphasis on solution-focused therapy

Step 5:

E-Therapist creates a care plan

Step 6:

School provided with care plan, recommendations and next steps



THE STUDENT SCREENING ASSESSMENT EXPERIENCE:

SESSION 01

E-Therapist completes a brief intake process to gather background information and identify any mental health concerns.

SESSION 02

E-Therapist focuses on concerns identified in the first session to collaboratively develop strategies and skills using solution-focused techniques.

SESSION 03

E-Therapist continues to address identified concerns to further explore strategies to bolster ongoing well-being.

SESSION 04

E-Therapist meets with students to identify present concerns and completes screening tools to determine progress towards goals.